

Curriculum Map

	Autumn Term		Spring Term		Summer Term	
Year 3	Invasion Games using hands Gym- Flight	Invasion Games using feet Dance	Invasion Games using sticks O&AA Gym - Pathways	Invasion Games using hands (Rugby skills) Dance	Striking and Fielding Games Athletics Gym – Stretching and Curling	Over the Net Games Athletics
Year 4	Invasion Games using hands (Netball/Basketball) Gym – Balance Swimming	Invasion Games using feet (Football) Dance Swimming	Invasion Games using sticks (Hockey skills) Gym – Bridges/Rolling Swimming	Invasion Games using hands (Rugby skills) Dance Swimming	Striking and Fielding Games O&AA Swimming	Over the Net Games Athletics Swimming
Year 5	Invasion Games using hands (Netball/Basketball/ Handball) Gym – Symmetry/ Asymmetry	Invasion Games using feet (Football) O&AA Dance	Invasion Games using hands (Tag Rugby) Gym – Receiving body weight/balance	Invasion Games using sticks (Hockey) Dance	Striking and Fielding Games (Kwik-Cricket/ Rounders) Gym – Matching & Mirroring	Over the Net Games (Tennis/ Badminton) Athletics
Year 6	Invasion Games using feet (Football) Gym – Twisting and Turning	Invasion Games using hands (Netball/Basketball/ Handball) Dance	Invasion Games using hands (Tag-Rugby) Gym – Synchronisation and Sequence	Invasion Games using sticks (Hockey) O&AA	Striking and Fielding Games (Kwik-Cricket/ Rounders) Gym – Counter-balance/counter-tension	Over the Net Games (Tennis/ Badminton) Athletics Dance